



Kiewa Valley Camp Oven Cook Off

Frequently Asked Questions for The Cooks

What time does the Cook Off start / finish?

Gates will open at 7.30am for teams to setup.

General Public will begin arriving from 10am.

Main Course to be served at 1pm

Dessert to be served at 2pm

Prizes awarded around 3pm.

A program will be available on the Kiewa Valley Camp Oven Cook Off web page closer to the event.

What facilities are on site?

Toilets and running water available. Power is not available to teams.

Market stalls selling coffee, beer and wine etc.

What Can I Cook?

Firstly, anything you can think of in a camp oven! BUT – you may not use packaged or pre-prepared goods. So, you can't use a packet sauce for example, it must be made from scratch.

Be creative, have fun and make sure it tastes so good that you win.

Check out our Facebook Page, we've included some examples of menus from other Cook Offs and various inspirational ideas.

What is expected of the cooks?

The Cooks are expected to produce a two course (main / dessert) camp oven meal for judging by The Consumers (paying customers).

Your main course must be ready to serve at 1pm.

Dessert must be ready to serve at 2pm.

You are required to serve The Consumers at your cooking station, so you will need equipment to do this.



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How many people on a team?

Your team can be up to four people cooking on the day.

How much food do we need to produce?

Teams will be required to produce enough food to serve up to 250 'taster' portions. As a guide, a taster portion is approximately one heaped tablespoon. Please avoid using large portion limited items such as chicken drumsticks.

What do I need to bring?

- Camp Ovens
- Marquee (for shade) - limited to 3 x 3m
- Serving Table
- Utensils for cooking and serving
- Appropriate food storage equipment ie. Esky for meats / perishables, insect protection etc
- Personal Protection Equipment – hats, sunscreen, enclosed footwear, gloves for handling hot ovens etc
- Sense of Humour – please wear your happy pants

What Ingredients are supplied?

Each team will be provided with a Protein Voucher and a Vegetable Ration.

You can choose any Protein that our friendly butcher can supply. You must order your Protein TWO WEEKS PRIOR TO THE EVENT to ensure that your choice is available.

Teams will be sent a form to choose their Vegetable Ration. This includes vegetables, fruit, eggs and some cheeses and nuts.

Your Tuckerbag (with your Protein and Vege orders in it) will be ready for pickup from O'Neills Butchery the Friday prior to the event. Phone 02 6027 3242.

Any other ingredients required must be supplied at your teams' expense.